



**FLAVOR**  
CATERING

## Boxed Meals

### Sandwiches

**Roasted Eggplant, Grilled Zucchini, Summer Squash & Fresh Mozzarella**

*Marinated in Olive Oil & Aged Balsamic  
Baby Arugula & Fresh Basil Pesto  
Fresh Baked Focaccia*

**Fresh Roast Beef & Aged Cheddar**

*Horseradish Aioli with Crème Fraiche  
Beefsteak Tomato & Red Leaf Lettuce  
Parker Roll*

**Grilled Organic Pesto Chicken**

*Basil Pesto, Fresh Mozzarella  
Tomato Green Leaf Lettuce  
Semolina Hero*

**Roast Beef & Gruyere**

*Chipotle Aioli, Beefsteak Tomato & Red Leaf Lettuce  
Onion Brioche Roll*

**Roasted Turkey & Havarti**

*Roasted Garlic Aioli, Boston Bibb & Sliced Tomato  
Seven Grain Hero*

**Grilled Portobello Mushroom & Brie**

*Roasted Red & Yellow Pepper, Sprouts  
Seven Grain Hero*

**Virginia Ham & Gruyere**

*Red Leaf Lettuce, Whole Grain Mustard  
Brioche Onion Hero*

**Roast Beef & Herbed Goat Cheese**

*Baby Arugula, Roasted Peppers, Aged Balsamic & Olive Oil  
Rosemary Ciabatta Roll*

**Roasted Turkey & Gouda**

*Green Goddess Dressing, Red Leaf Lettuce, Tomato  
Wheat Bread*

**Grilled Portobello & Sundried Tomato**

*Goat Cheese, Oregano & Garlic  
Market Greens  
7 Grain Roll*

**Corned Beef**

*Swiss Cheese & Three Mustard Aioli  
Fresh Baked Pumpernickel*

**Fresh Mozzarella**

*Tomato, Basil, Extra Virgin Olive Oil & Aged Balsamic  
Artisan Focaccia*

**Grilled Eggplant, Roasted Red Pepper, Grilled Summer Squash & Zucchini**

*Garlic & Lemon Hummus, Cucumber  
Baby Arugula  
Semolina Hero Roll*

## **Entrees**

### **Grilled Free Range Chicken Breast**

*Lemon Lime Marinade*

*Wild Rice, Roasted Corn & Black Bean Salad*

*Queso Fresca, Tomato, Red Onion, Cilantro & Vinaigrette*

### **Basil Pesto Chicken Breast**

*Orzo Salad with Tomato, Chick Peas, Red & Yellow Bell Pepper & Vinaigrette*

*Grilled Vegetable Ratatouille*

### **Cedar Roasted Salmon**

*Basil Israeli Couscous*

*Fingerling Potatoes, Haricots Verts & White Wine Shallot Vinaigrette*

### **Grilled Salmon**

*Chimichurri*

*Grilled Eggplant, Zucchini, Yellow Squash with Roasted Peppers*

*Mixed Bean & Wild Grain Salad*

### **Chef's Salad**

*Virginia Ham, Fresh Roasted Turkey & Herbed Roast Beef*

*Havarti & NY Aged Cheddar*

*Shaved Romaine, Fresh Peas, Shaved Carrot & Radish, Haricots Verts*

*Hard Boiled Egg*

*Red Wine Vinaigrette*

*Three Bean Salad*

### **Thai Roasted Filet of Beef**

*Green Bean, Red & Yellow Cherry Tomato & Carrot Salad, Wild Rice Salad*

*Ginger Lime Vinaigrette*

### **New York Steak Salad**

*Steak House Dry Rub*

*Shaved Romaine & Market Greens*

*Scallion, Cherry Tomatoes, Cucumber, Crumbled Blue Cheese, Red Wine Vinaigrette*

*Three Bean Salad*

### **Mediterranean Mezze**

*Hummus & Cucumber Tatziki*

*Grilled Vegetable Skewer with Eggplant, Zucchini, Mushroom, Summer Squash, Red Onion &*

*Bell Pepper, Frisee Lettuce & Tomato*

*Flat Bread Pita*

*Tabbouleh & Flat Leaf Parsley Salad with Kalamata Olives & Crumbled Feta (on the side)*

*Red Wine Vinaigrette*

### **Grilled Portobello "Steak"**

*Rosemary, Garlic, Balsamic Vinegar & Extra Virgin Olive Oil Marinade*

*Roasted Red Pepper Coulis*

*Barley & Grilled Asparagus with Oil Cured Olives & Hardboiled Egg (on the side)*

## **Sides**

### **Hardboiled Egg**

*Sea Salt & Pink Peppercorns*

### **White Bean Salad**

*Carrots, Celery, Garlic, Fresh Herbs, Shaved Red Onion,  
Celery, Parsley, Frisee & White Balsamic*

### **Mediterranean Grain Salad**

*Chickpeas, Lentils, Bulgur Wheat  
Kalamata Olives, Cucumber, Tomato, Red Onion, Parsley, Dill & Feta  
Cider Vinaigrette*

### **Fusilli Pasta Salad**

*Fresh Mozzarella, Tomato, Black Olives, Capers & Basil  
Extra Virgin Olive Oil, Red Wine Vinaigrette*

### **Chick Pea Salad**

*Celery, Bell Pepper, Parsley & Lemon Vinaigrette*

### **Basil Israeli Couscous Salad**

*Fresh Basil Pesto Roasted Tomato  
Grated Parmesan on the Side*

### **Red Cabbage Slaw**

*Vinaigrette, Parsley & Caraway*

### **Country Style Potato Salad**

*Yukon Gold Potatoes, Eggs & Herb Aioli*

### **Barley Salad**

*Watercress, Carrots, Celery & Yellow Onion with Vinaigrette*

### **Penne Pasta Salad**

*Fresh Basil Pesto & Grape Tomatoes  
Haricots Verts, Parmesan*

### **Vegetable Crudité**

*Fresh Market Vegetables  
Lemon Hummus*

### **Bistro Cheese Selection**

*Dill Havarti, NY Cheddar, Aged Goat Cheese  
Red Grapes, Toasted Nuts, Flatbread Crackers*

### **Kettle Chips**

### **“Food Should Taste Good” Chips**

*Multi Grain Sea Salt, Blue Corn Tortilla, Cheddar Tortilla, Sweet Potato*

## **Side Salads**

### **Salad Dressing Options**

*Dijon Vinaigrette, Red Wine Vinaigrette, Balsamic Vinaigrette,  
Black Pepper Vinaigrette, Citrus Vinaigrette, Asian Carrot Ginger*

### **Market Greens**

*Shaved Carrots, Shaved Radish, Haruki Turnip, Snap Beans, Cucumber, Grape Tomatoes*

### **Baby Iceberg Wedge**

*Scallion, Beefsteak Tomatoes, Herbed Croutons  
Crumbled Blue Cheese (on the side)  
Crispy Turkey Bacon Lardons (on the side)*

### **Endive, Pear & Watercress**

*Crumbled Blue Cheese (on the side)  
Red Wine Vinaigrette*

### **Arugula**

*Cortland Apple, Toasted Sunflower Seeds  
Blue Cheese  
Roasted Grape Vinaigrette*

### **Greek Country Salad**

*Cucumber, Bell Peppers, Scallion, Shaved Romaine, Oregano  
Feta & Red Wine Vinaigrette*

### **Chopped Salad**

*Shredded Romaine, Haricots Verts, Radish, Cucumber, Bell Pepper  
Scallion, Tomatoes, Chick Peas  
Hard Boiled Egg  
Crumbled Feta  
Red Wine Shallot Oregano Vinaigrette*

## **Dessert**

### **Melon & Basil Salad**

*Honeydew, Cantaloupe, Watermelon  
Fresh Basil*

### **Tropical Fruit Selection**

*Melon, Mango, Papaya & Kiwi*

### **Fresh Fruit**

*Pineapple, Cantaloupe, Honeydew, Strawberries, Grapes*

### **Cookies & Brownies**

*Brownies  
Lemon Drops  
Orange Raisin  
Double Chocolate Cookies  
Lemon Bars  
Chocolate Chunk  
Blackberry Cheesecake Bars  
Blondies  
Linzer Bars*

### **Sweet Breads**

*Lemon  
Banana  
Cranberry Orange  
Zucchini*